UNICEF and NFA launch Galz & Goals Programme in Zambezi and Oshana Regions

UNICEF, together with the Namibian Football Association (NFA), have expanded the Galz & Goals Programme to two new regions, Zambezi and Oshana.

The expansion and launch of this sports for development programme, which was organised in the form of Festivals, attracted over 1,000 new girls who will now be part of this football and life skills development programme.

By launching this special sports for development programme in Zambezi and Oshana, NFA and UNICEF have demonstrated the importance of giving every child an opportunity to be actively engaged in meaningful and structured sporting activities, regardless of their gender or their socio-economic status in society.

“The use of sport as a platform for health information and education is particularly important for girls entering adolescence and confronting choices, challenges, and risks in connection with sexual activity, pregnancy and HIV,” said UNICEF Representative, Micaela Marques de Sousa.

The Galz & Goals programme is designed to make football accessible to adolescent girls aged 10-20 years, while also incorporating important life skills education to promote healthy life choices.

“Girls are an important part of football development in Namibia and their involvement through the Galz & Goals programme helps to influence social change and development,” said NFA National President, Frans Mbidi.

Since 2010 when UNICEF began this partnership with NFA, more than 18,000 girls from nine regions have been accessed through the Galz & Goals programme. The programme has been an important platform to prepare young girls to take leadership roles within their communities, to respond to the various socio-economic challenges they face as well as to empower them to make healthy lifestyle choices.